



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Quorn southern coated chicken (V) Goujons 2,4 Seasoned wedges - 2 Seasonal Vegetables	Sausages 14 Creamed potato 7 Gravy Seasonal Vegetables	Choice of Barbecue Chicken 2 Italian Chicken Chicken Korma 7,9 Served with Rice seasonal vegetables	Roast Turkey Yorkshire puddings 2,4,7 Creamed potatoes 7 Fresh Seasonal Vegetables Gravy	Battered Fish 2,5,7 Fish Cake 2,5,7 Chips Peas/Mushy Peas Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
OPTION 2	Stir Fry Noodles (V) with Crispy Vegetables 1,2,4	Vegetarian sausage (v)2,13,14 Creamed Potato 7 Cauliflower/Broccoli	Tomato Pasta (v) 2-7 Seasonal Vegetables Garlic Bread 2,4,7	Quorn Chicken (v) 4 Yorkshire Puddings 2,4,7 Roast potatoes Creamed potatoes 7 Seasonal Vegetables Gravy	Fishless Finger (v) 2,4,7 Chips Mushy Peas Beans
OPTION 3	Assorted sandwiches in wholemeal bread 2,4,5,7,9,13 Baguettes 2,4,5,7,9 Wraps 2,4,5,7,9	Assorted sandwiches in wholemeal bread 2,4,5,7,9,13 Baguettes 2,4,5,7,9 Wraps 2,4,5,7,9	Assorted sandwiches in wholemeal bread 2,4,5,7,9,13 Baguettes 2,4,5,7,9 Wraps 2,4,5,7,9	Assorted sandwiches in wholemeal bread 2,4,5,7,9,13 Baguettes 2,4,5,7,9 Wraps 2,4,5,7,9	Assorted sandwiches in wholemeal bread 2,4,5,7,9,13 Baguettes 2,4,5,7,9 Wraps 2,4,5,7,9
DESSERT CHOICE	Fruity Flapijack Custard 7 Whip 7 Cheese and Biscuits 2,4,7 Fresh Fruit Salad Jelly Yoghurts 7	Strawberry Whip 7 Chocolate Crackle 2-7 Whip 7 Fresh Fruit Salad Yoghurts 7 Jelly Cheese and Biscuits 2,4,7	Rice Pudding 7 Whip 7 Fresh Fruit Cheese and Biscuits 2,4,7 Jelly Yoghurts 7	Sticky toffee Pudding 2-4-7 Custard 7 Fresh Fruit Salad Cheese and Biscuits 2,4,7 Jelly Whip 7 Yoghurts 7	Friday Bake Lemon Sponge 2,4,7 Selection of Cupcakes 2,4,7 Cheese and Biscuits 2,4,7 Fresh Fruit Jelly Whip 7

VEGETARIAN (V)

We also offer filled jacket potatoes (4,5,7,9), unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)
Fresh water or milk to drink (7)

ALLERGENS

